

MARIAH WILDERNESS EXPEDITIONS

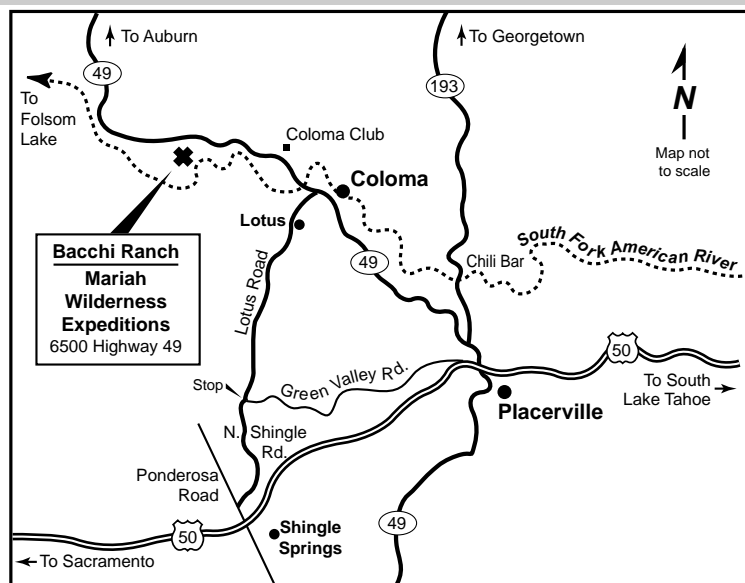
SOUTH/NORTH AMERICAN RIVER TWO-DAY COMBO TRIP

Class III-IV+: Beginning-Advanced Intensity Whitewater—31 Miles

Welcome to Mariah Wilderness Expeditions!
We're excited about providing for you an outstanding rafting adventures

TRIP HIGHLIGHTS

- Combine two great California Rivers—the perfect trip for adventuresome first-time rafters and experienced paddlers—for lots of river miles and a great warm-up for the more fun and exciting technical rapids of the Sierra Nevada's North Fork!
- Get your feet wet on all 21 miles of the South Fork. Then step up to the more challenging Class IV+ North Fork for pure river thrills!
- Two days rafting, two nights camping, 5 great meals and 31 river miles with many Class II to Class IV+ fun
- Camp both nights at our South Fork American luxury riverside camp where we enjoy hot showers, flush toilets, pingpong, volleyball, horseshoes, camp store, and campfire



DIRECTIONS

Take **Highway I-80** or **Highway I-5** to Sacramento. Continue east about 36 miles on **Highway 50** toward Placerville to the Ponderosa Road exit at Shingle Springs. Turn left over the freeway and right at the stop onto North Shingle Road. Drive about 11 miles to **Highway 49**, where Lotus Road deadends. North Shingle Road becomes Lotus Road at about 4.5 miles. Turn left onto Highway 49 and drive 2 miles to the Mariah Wilderness Expeditions sign at **6500 Highway 49** on left side of the road. Drive in, park next to the Welcome Mariah sign, walk down to the kitchen where your Head Guide will be waiting to check you in.

NOTE: Our Coloma field office is located in the Coloma Village Shopping Center at 7170 Highway 49. Don't stop there. Drive past it to our camp located at **6500 Highway 49**.

MEETING TIME AND PLACE

- **8 A.M.** the morning of your trip
- **6500 Highway 49, Coloma**, about 50 minutes east of Sacramento heading toward South Lake Tahoe; about three hours from the Bay Area, about 45 minutes west of Auburn, 2.5 hours west of Reno and North Lake Tahoe, two hours from South Lake Tahoe heading toward Placerville and Sacramento

TRIP ITINERARY

Get ready for great days on the river! Join us the evening before your trip at our South Fork camp. The first morning we enjoy breakfast around 8 A.M.; head for the top of the South Fork. Enroute your guides will present orientation and safety information. At the launching site you will receive your paddle, life jacket, and wetsuits. We warm up practicing paddling skills with our guides and head for the excitement of Meat Grinder and Troublemaker. We stop mid-day for lunch, run more rapids and return to camp tired and happy with time to relax and enjoy the river over dinner, slide show, and campfire.

The next day we shuttle to the North Fork, tuned up and ready for lots more exciting and technical rapids. We raft the 10 miles of the thrilling North Fork, return to camp and are ready to head home between 3-5 P.M., relaxed and filled with memories of a great river trip experience!

CAMPING AT OUR SOUTH FORK CAMPGROUND THE NIGHT PRIOR TO YOUR TRIP

Your trip includes camping at our South Fork camp the night prior to your trip. You may come into camp anytime **after 5 P.M.**, set up your campsite, and enjoy the evening. Dinner the night prior is not included. You may wish to eat before reaching camp.

The next morning your trip begins with breakfast and check-in at **8 A.M.** You will not need to pack your camping gear as we will return to this camp at the end of the day.

Launch times vary for the North Fork; some trips leave early, others enjoy a more leisurely morning on the second day.

WHAT TO BRING

FOR ON-RIVER

- Shorts (quick drying)/swimsuit
- T-shirt for sun protection
- Tennis shoes--no thongs or sandals
- Hat or visor
- Sunscreen, sunglasses & chums

FOR THE NORTH FORK ADD

- Wet suit and boots are REQUIRED AND INCLUDED IN YOUR TRIP COST**
Call office to reserve your size
- Wool/polypro socks, hat, gloves
- Wool or fleece shirt/sweater
- Windbreaker or light rain jacket

COME DRESSED & READY FOR THE RIVER EACH MORNING

- You may bring a jacket or sweatshirt to wear on the way to put-in the second day
- On cool days we'll have a dry bag in each boat for that extra wool or fleece top
- We'll have your reserved wetsuit with us; wear it over your shorts/polypro

FOR CAMP

- Change of dry clothes, shoes & socks
- Sweats or fleece top/bottom
- Flashlight, lantern, insect repellent
- Toiletries, towel
- Sleeping bag, ground cloth, camp chair

Available to Rent
Ask for our special Tent Description and Rental Flier

Tents, Deluxe Cot
Sleeping Pad (4" thick), Sleeping Bag

PHOTOS & TIPS

At the end of the trip, you will have the chance to view and purchase photos of your paddle boat running the rapids on the South Fork—a wonderful reminder of your exciting day with Mariah Wilderness Expeditions on the river.

We are frequently asked if it is customary to tip the guides. Our guides' goal is to provide you with a fun and safe river trip. The guides do not expect a tip. However, they enjoy a token of your appreciation for a job especially well-done. A popular gesture seems to be for each crew to present their guide with around \$10 per rafter at the end of your trip.

FOR YOUR SAFETY

Mariah Wilderness Expeditions has an excellent record of providing safe and fun river adventures. While most of our trips are not strenuous, they can be a dramatic change in routine and do involve some risk. We take many safety precautions and ask you to respond to our safety requirements:

- It is your responsibility to select a river trip appropriate to your abilities and physical condition. Please call to discuss any concerns that you may have.
- Please consult your doctor and discuss with us in advance any medical conditions that would restrict your full participation. Our meals are planned to naturally respond to vegetarian requests.
- Our life jackets will fit a maximum chest size of 52 inches and weight of 280 lbs.
- You will be required to sign an Assumption of Risk and Liability Release before your trip begins.

CANCELLATION & REFUND POLICY

Due to our limited trip sizes, we turn away others once your reservation has been submitted. If you must cancel your trip, please notify us as soon as possible. Upon receipt of written notice 31 days or more prior to your launch date, you will receive a full refund less your per person deposit. Any cancellation made within 30 days of the trip will not be eligible for a refund. You may, however, substitute another person without penalty.

We reserve the right to cancel a trip due to weather, water conditions, or other good cause beyond our control. Should this occur, your trip fees will be fully credited towards another trip. All refunds and credits shall be limited to amounts actually paid to Mariah Wilderness Expeditions.



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